



**N. L. Dalmia®**  
**College of Arts, Commerce & Science**  
(A School of Excellence of N. L. Dalmia Educational Society)

Affiliated to University of Mumbai | College Code: 1088

Thur 02 Jan 2025

**NOTICE**

The **Psychology Club** of The Psychology Department, is pleased to announce an internship opportunity in collaboration with **Bhaktivedanta Hospital**, a renowned Hospital. This initiative is designed to provide **TYBA Psychology students** with a professional platform to gain practical exposure to clinical practice and the psychological field. By engaging with a team of experts, students will have the opportunity to apply their theoretical knowledge in real-world scenarios, fostering professional growth and skill development for their future careers.

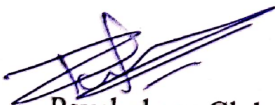
**Day & Date** : Saturday 4 January 2024


**Time** : 4 days a week - 1100 AM to 0100 PM

**Venue** : Bhaktivedanta Hospital

**Audience** : TYBA Psychology students



  
Psychology Club  
(Convenor)

  
Dr Ganesh Pawar  
(Principal)  
02/01/2025

# N. L. Dalmia College of Arts, Commerce & Science

## Activity Report

**Name of Activity:** Clinical Observership at BhaktiVedanta Hospital & Research Institute

**Conducted by:** Department of Psychology in collaboration with BhaktiVedanta Hospital & Research Institute.

**Name of Teacher Incharge:**

Asst. Prof. Tejaswi Shetkar and Asst. Prof. Radheya Surve

**No. of Participants:** Females: 2

**Description of Activity:**

The Psychology Club of the Psychology Department, NLDC, organized a hospital-based internship in collaboration with Bhaktivedanta Hospital for TYBA Psychology students. Held from **January 4 to February 8, 2025**, the internship provided **Shreya Chaturvedi** and **Bhavika Kukreja**, two **TYBA Psychology students**, with hands-on experience in a clinical setting.

The students attended the hospital **four days a week**, shadowing two psychiatrists to observe different approaches to mental health care. They gained insights into **outpatient consultations, patient assessments, diagnoses, and treatment planning**. One psychiatrist focused on **high-volume, medication-based management**, while the other incorporated **therapeutic discussions**, offering a comparative view of clinical practice. This experience highlighted key challenges in mental healthcare, such as **time constraints, patient accessibility, and the balance between medication and therapy**. Overall, the internship provided **practical exposure to real-world psychiatric care**, bridging academic learning with clinical application.

**Names of dignitaries attended activity:** -N.A.-

**Feedback Analysis:**

The feedback from Shreya Chaturvedi and Bhavika Kukreja regarding their internship experience at Bhaktivedanta Hospital reveals a strong positive impact on their development as psychology students. Shreya's observership provided her with valuable insights into the real-world challenges of mental healthcare, particularly regarding time constraints, patient accessibility, and balancing medication with therapy. She gained enhanced observational and analytical skills, while also becoming more aware of the emotional demands placed on mental health professionals. Bhavika, on the other hand, found the experience eye-opening as it allowed her to witness how psychological disorders manifest in real-world cases. Her exposure to patient interactions and diagnostic processes deepened her understanding of the complexities of clinical practice and reinforced her excitement for her future in psychology.

Both students highlighted the enriching nature of the internship, which not only strengthened their passion for the field but also provided them with hands-on learning that bridged academic knowledge with practical experience. Overall, the internship served as a significant stepping stone in their professional development, enhancing their interest in pursuing careers in psychology.

Signature of In-charge :



Attachment:





